

Coaching Programme Updates

The full coaching programme resumed on Monday 10th September. All sessions continue to run this term Sept-Dec 2018 as before.

New additions or returning sessions/changes -

Men's lower team practice - Wednesday's 6.30-7.30pm - Lewis Hall cost £6

Cardio tennis - Tuesday's 7.30-8.30pm - Rich Harrison Cost £5

Tots tennis - Saturday's 9-9.30am (2-4yrs old) - Rich Harrison cost £3

Cardio tennis - Saturday's 9.30-10.30am - Rich Harrison cost £5

Mini tennis Orange & Green advanced 10.30-11.30am - Nigel cost £5

Adult improver group - Thursday's 7.30-8.45pm - Nigel cost £7.50 (time change)

Any questions please direct them to Head coach Nigel

: nigelmatthewstennis@gmail.com